



INDEPENDENT MENTAL HEALTH ADVOCACY (IMHA)

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If you are detained under the Mental Health Act you have the legal right to an IMHA. As soon as possible after you have been detained the hospital MUST, by law, tell you about this right and put it in writing to you.

This right applies if you are on most Sections (see exceptions below), on a Guardianship or Community Treatment Order (CTO), if you are a patient being considered for treatment under Section 57 or Section 58A, or if you are a Restricted Patient on Conditional Discharge.

**If you wish to speak with an IMHA please call:
01325 776 554 or email
info@adventadvocacy.co.uk**

HEAD OFFICE

Advent Advocacy, Lingfield House, Lingfield Point, Darlington DL1 1RW

Also available on:  zoom

YOUR IMHA IS COMPLETELY INDEPENDENT AND WILL WORK CONFIDENTIALLY TO GIVE YOU INFORMATION AND HELP YOU UNDERSTAND:

- Your rights under the Mental Health Act
- The rights of your Nearest Relative
- Any conditions or restrictions that you are under
- How and why treatment is being proposed, talked about, or given to you

YOUR IMHA HAS A RIGHT TO:

- Speak to professionals and attend meetings about your medical treatment
- Access your clinical or social care records with your consent
- Meet you in private

YOUR IMHA WILL:

- Support you to exercise your rights
- Value and respect your views and wishes
- Act under your instruction

