



# INDEPENDENT ADVOCACY SERVICES FOR YOUNG PEOPLE



## WHAT IS PERSON CENTRED GENERIC ADVOCACY?

Our team of advocates work to provide a safe, confidential space for young people to access any support they require. We are not an alternative to, clinical support, but we are independent professionals trained in providing independent generic advocacy and are on hand to liaise on young peoples' behalf.

- U** - Understood
- N** - Not alone
- I** - Important
- T** - Together
- E** - Empowered
- D** - Decision making



## DO YOU KNOW SOMEONE WHO COULD BENEFIT FROM THIS SPECIALIST SUPPORT?

**Mental Health** - Ensuring your voice is heard during difficult periods and signposting to appropriate organisations.

**Social & cultural** - Societies, school engagement and assistance with Cultural needs

**Academic** - Subject choices, workload related stress, attendance, deadlines, and exams

**Meetings** - Support before, during and after meetings

**Finances** - Communicating with funding authorities and assisting with employment matters.

**Complaint** - Support in making complaints about internal or external matters.

**Family** - Support in all matters relating to family contact or discussion with family.

**LGBT+** - All matters relating to LGBT+ discussions, including gender dysphoria, relationships and safe sex.



**WE ARE READY TO LISTEN TO YOU:**

**01325 373 301**

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