



STUDENT MENTAL HEALTH
**ADVOCACY
SERVICE**
Provided
By Advent Advocacy

Nationwide Student Advocacy Service

About us

Advent Advocacy have a long-standing reputation for providing an independent, quality and bespoke mental health advocacy service that focuses on achieving the best outcome for our clients.

Our advocates offer practical, non-clinical, professional support to students with mental health needs.

Our student service is committed to:

1. Empowering the students that we work with and helping represent their views, wants and wishes.
2. Bolstering working relationships between students and available pastoral services.
3. Working alongside students in an integrated way not only to signpost but also to assist them in accessing these services.

Nationwide Student Advocacy Service



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What is student mental health advocacy?

The student advocacy service is independent, confidential and free of charge. We work with students who have mental health needs and who may benefit from support with decisions that affect their university life. Our advocates encompass empathy and empowerment.

How we can help??

Advent Advocacy have a longstanding reputation within the mental health sector. We understand the difficulties that students can face in their everyday routine as a result of mental health issues, the impact this can have on even the simplest of tasks, and the detrimental effects on more complex responsibilities – especially those relevant to university life.

We are not an alternative to professional clinical care. Unlike other student support programmes, our advocates are on

hand to directly liaise on behalf of students with the relevant individuals or organisations and are available to support you in meetings.

Our advocates can act as your spokesperson or as a soundboard for any concerns you have.

Here are some of the things we can support you with

Meetings

Support you before, during and after various meetings (such as with supervisors, disciplinary meetings, medical assessments, meetings with GPs or mental health professionals).

Social / Cultural

Providing support when feeling isolated, with engagement in residency or on campus, dealing with peer-pressure and assistance with diversity and integration matters.



Finances

Supporting you to liaise with bodies regarding funding for student life, employment or to avoid hardship.

Academic

Support relating to the course, subject, workload related stress, attendance, deadlines or exams.

Complaint

Supporting you in making complaints about internal or external matters.